

August 2019

Meetings in the Greater Toronto Area



GTA Intergroup Office

234 Eglinton Avenue East. Suite 202

Toronto, Ontario

M4P1K5

Help Line (24x7)
416-487-5591

Toll-free in Ontario
1-877-404-5591

Disclaimer

An AA group needs to adopt or acknowledge only the 12 Steps, 12 Traditions and 12 Concepts of AA, as adopted by the AA General Service Board, in order to be recognized as an AA group by GTA Intergroup .

Meeting Changes

Meeting changes occur from time to time due to unforeseen circumstances. You are therefore advised to check for the latest updates. You can do so on our website, or via phone.

- Our Website: aatoronto.org
- 24x7 Hotline: (416) 487-5591
- Toll-free in Ontario: 1 (877) 404-5591

Important Information About This Directory

As embodied in the 4th Tradition, the information and operation of an AA group resides with the group conscience of its members. While hopefully every AA Group adheres to the guiding principles of the 12 Steps and 12 Traditions, the GTA Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of

any approach to, or practice of, the AA program. If you don't feel comfortable at a meeting you are completely free to "shop around" until you feel that you belong.

Order Information

Meeting booklets can be ordered from the Intergroup Office, via email, or via phone by contacting our literature department.

- Website: **aatoronto.org**
- Email: **litdept@aatoronto.org**
- Literature Department: **(416) 487-9865**
(Tuesday – Friday 9:00 am - 5:00 pm)

Bulletins

Visit aatoronto.org

Have you checked out our website? aatoronto.org is a complete and up-to-date meeting list of the well over 500 meetings held each week in the GTA.

aatoronto.org is also full of information about our Intergroup. Some of the highlights are featured here in this booklet. So please, for more details and for announcements, meeting changes, medallions, literature and more check out aatoronto.org today!

Gratitude Month

October is Gratitude Month. Our 7th Tradition and our commitment of self-support provides an opportunity for members in the GTA to contribute directly to all the great service work carrying the message being done from our local Intergroup Office. Check our website for info on what we do and where we spend, budgets, audits, monthly Intergroup meeting minutes and much more. Be a part of! Contribute directly online anytime by clicking 7th Tradition and look for featured information every October.

Winter Season Open House

The Winter Season Open House is an annual holiday tradition in Toronto, held by Toronto Intergroup since 1944 and open to all. It is a fellowship event with a strong message for all alcoholics, whether they are suffering or recovering: "no matter who you are or what day of the year it is, when you come to AA and ask for help, you are no longer alone." In 2014, the Open House served approximately five hundred guests. Five meetings, including two Al -Anon meetings, were conducted, music was enjoyed, and AA members served and were served by each other in the spirit of the season. Check our website for more details and ways to be of service this and every December!

Events Calendar

There are many ways to be of service at Intergroup. Check our Events Calendar for Committees on our website for schedule of monthly committee meetings. Show up and get involved! Action is the key and service is a great way to live in gratitude for what has been so freely given us in our beautiful Fellowship.

Contents

What is A.A.?	7
The Serenity Prayer	7
Anonymity.....	8
Meeting Types	8
Meeting Zones	9
Alphabetical List	11
Sunday.....	24
Monday.....	36
Tuesday	51
Wednesday	66
Thursday.....	81
Friday	97
Saturday	109
Foreign Language Meetings	120
The Twelve Steps	132
The Twelve Traditions	134
The Twelve Concepts for World Service	136

What is A.A.?

ALCOHOLICS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self - supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

The Serenity Prayer

God, grant me the serenity to accept the things I cannot change. Courage to change the things I can. And wisdom to know the difference.

Anonymity

Anonymity is the spiritual foundation of all our traditions. Everyone attending a meeting is therefore asked to respect the Anonymity of all persons present. No one is required to actively participate in any way unless they so wish.

Meeting Types



Open

As the name suggests, open meetings are open to all persons. This includes alcoholics as well as persons affected by alcoholism, including family and friends.

Closed

Attendance at closed meetings is limited to persons with a desire to stop drinking (self-admitted alcoholics). Closed meetings are denoted with (C) following the meeting name.

Men/Women

Men only meetings are denoted with a  icon and women only meetings are denoted with a  icon.

Meeting Zones

Central

West of the Don Valley Parkway. **East** of Dufferin St.
South of Lawrence Ave.

East

East of the Don Valley Parkway. **South** of Lawrence Ave. **West** of Pickering.

West

West of Dufferin St. **East** of Highway 427 and Highway 27. **South** of Dixon Rd. and Lawrence Ave. W.

North

West of the Don Valley Parkway. **East** of Dufferin St.
North of Lawrence Ave. **South** of Steeles Ave.

North East

East of the Don Valley Parkway. **North** of Lawrence Ave. E. **South** of Steeles Ave. **West** of Pickering.

North West

West of Dufferin St. **East** of Highway 427 and Highway 27. **North** of Dixon Rd. and Lawrence Ave. W. **South** of Steeles Ave.

Suburban North

North of Steeles Ave. **Toronto** boundary line.

Suburban Northeast

North of Steeles Ave. **East** of Highway 48 / Markham Rd.

Suburban Northwest

West of Highway 427 and Highway 27. **North** of Highway 401. **Brampton** area

Suburban East

East of Scarborough.

Suburban West

West of Highway 427 and Highway 27. **Mississauga** area.

Alphabetical List

12 & 12 Discussion	Th in Central
12 Principles Group	Tu in Sub. North
A Place Of Hope	Sa in East
A Place To Share Women's Group ♿ ♿	Sa in Sub. North
Active ♿	W in Central
Agincourt Acorn ♿	Su, Tu in North East
Ajax Discussion ♿	M in Sub. East
Ajax Friday Night ♿	F in Sub. East
Alderwood Discussion	Tu in Sub. West
Aloha Spirit Meeting	Su in West
Amazing Grace	Tu in Central
Amistad ♿	Su, M, Tu, W, Th, F, Sa in Central
Amor y Paz ♿	Su, M, W, Th, F, Sa in Central
Amor Y Paz ♿	Su, M, W, Th, F, Sa in Central
Anniversary	W, Sa in North East
Armour Heights	W in North
As Bill Sees It ♿	Sa in Sub. Northeast
Aurora	Su in Sub. North
Aurora Discussion	Tu, Th in Sub. North
Aurora Wednesday Noon	W in Sub. North
Back Room Big Book Discussion	Th in West
Back To Basics ♿	F in Central
Back To Basics: Downtown ♿	M in Central
Back To Basics: Oakville	M, F in Sub. West
Back To Basics: Richmond Hill ♿	W, Th, F in Sub. North
Basic Big Book Step Study	W in West
Bayview ♿	Su, Th in North

Beaches ♿	Tu in East
Belinda's Place Shelter Meeting ♿	W in Sub. North
Bellamy	M in North East
Beverly Hills ♿	F in North West
Beyond Belief ♿	W in Sub. West
Beyond Belief Agnostics & Freethinkers ♿	M, Th, Sa in Central
Big Book Study (Brampton)	W in Sub. Northwest
Birds Of A Feather ♿	Su in Central
Black River ♿	M, F in Sub. North
Bloordale ♿	Su, M, W in Sub. West
Bolton	Tu, Sain Sub. Northwest
Bolton Big Book Exchange ♿	Th in Sub. Northwest
Bramalea ♿	F in Sub. Northwest
Bramalea Care And Share Disc.	W in Sub. Northwest
Bramalea Noon Discussion	M, Thin Sub. Northwest
Brampton -Bramalea Noon ♿	Sa in Sub. Northwest
Brampton Bad Boys ♿	Tu, Thin Sub. Northwest
Brampton New Life	M in Sub. Northwest
Brampton Recovery	W in Sub. Northwest
Brampton Sunday A.M. Disc.	Su in Sub. Northwest
Brampton United	Th in Sub. Northwest
Bratek: Polish ♿	W in North
Breaking Bad	W in Sub. North
Brentwood Discussion	F in West
Bypass ♿	M in North
Calendon Serenity Group Big Book	W, F in Sub. North East
Canlan Sunday Morning Meeting ♿	Su in Sub. West
Central De Scarborough	W, F, Sa in East
Central Women's ♿	Su in Central

Chartwell &	Tu, Th in North East
Church Street	Su, Sa in Central
Conscious Contact	Tu in Central
CorktownGroup	M in Central
Cornerstone To Recovery	M, W, Th, F in Sub. North
Credit Valley &	Su in Sub. West
Credit Valley Discussion &	W in Sub. West
Crossroads	Su, W in Sub. West
Daily Reflections &	M, Tu, W, Th, F in Sub. West
Danforth	Th in East
Deer Park	M in Central
Don Mills &	W in Central
Don Mills Discussion	F in North East
Downtown Oakville	Sa in Sub. West
Dry On Danforth	M, Tu, W, Th, F in East
Dry On The Danforth	Sa in East
Early Morning Discussion &	M, Tu, W, Th, F in Central
East Toronto Men's ♀	Su in East
East York	Tu, Th in East
Eglinton Park &	Th in Central
Erin Mills &	M, Sa in Sub. West
Fellowship	M in East
Fellowship of the Spirit	W in Sub. North East
Fellowship: Oakville	F in Sub. West
Fifth Tradition: Scarborough &	Tu in North East
Fifth Wheel	F in Sub. West
Fledgling Society	Th in Central
Foundation Group &	Tu, Th in Sub. Northeast
Freedom	W in Sub. North East

Freedom Friday	F in Central
Friday Promises	F in Sub. East
Friday Uptown Open	F in Central
Friday Women's Discussion ♀	F in West
Friendly Group ♿	M, W in West
Frontrunners ♿	Sa in Central
GaySober Men	Th in Central
Get A Grip: Newmarket ♿	Th, Sa in Sub. North
Gift of Grace Women's ♀	Th in Sub. North
Gift of Life ♿	Tu in North West
Glenholme	M, W in Central
Golden Mile ♿	M, W in East
Good Shepherd Refuge ♿	M in Central
Grace And Gratitude	M in East
Grace Noon ♿	M, Tu, W, Th, F in Sub. Northwest
Great Reality Group	Tu in Sub. North
Grupo Nueva Esperanza	W, F, Sa in West
Hadenuffyet Big Book Discussion ♿	W, F in West
Harbour Light ♿	Tu in Central
Here And Now	Sa in Central
Here's How	Su in Sub. Northwest
Heron Park Drop-In Centre	F in East
Heron Park Sun Morning Open ♿	Su in East
High Park	Su, F in West
Hill Discussion ♿	M in Central
Hill Group ♿	Th in Central
Homestead Women's ♀	W in Central
Hope Place ♀	W in Sub. West

Hopedale Discussion	Su in Sub. West
Into Action	Sa in Central
Islington &	M, F in West
James Bond	Su in Central
Joy In Sobriety	W in East
Joy Of Living	M, Th in Sub. North
K.F. Group	Sa in West
Keep Coming Back	M in Sub. Northeast
Keep It Simple	M in Sub. Northwest
Keep It Simple: Scarborough	Su, Th in East
Kennedy Park	M in East
King City &	M in Sub. North
King City Discussion &	W in Sub. North
Kingsway &	M, W in West
Kipling &	Tu, Th in West
Krokus: Polish	M, W in Sub. West
La Alegria de Vivir	W, Sa in Central
La Solucion &	M in North West
Ladies 12 & 12 ♣	Tu in Sub. West
Lakeshore &	Su, Th in West
Lakeshore Noon &	Tu, Th in West
Lansing &	Sa in North
Last Call Big Book Discussion	Sa in West
Last Chance	Tu in Sub. Northwest
Last Road of Recovery	Su in Sub. North
Lawrence Plaza	Su in Central
Leslie &	W, Sa in North East
Lighten the Burden	W in Sub. East
Lighthouse	F, Sa in East

Little D. Traditional Group &	Tu, Th in Central
Live And Let Live &	Su in West
Liverpool	M, Th in Sub. East
Living And Learning	Tu in Sub. Northwest
Living In Today Discussion &	Th in Central
Living Sober &	Tu, Th in Sub. North
Living Sober: Beginners &	Tu in Sub. North
Long Branch	M in West
Love And Tolerance &	Su, Tu in Central
Markham Tuesday &	Tu in Sub. Northeast
Markham Village	M, Th in Sub. Northeast
Markland Wood &	Th in Sub. West
Markland Wood Discussion &	Tu in Sub. West
Meadowvale Fellowship &	M, Sa in Sub. Wes
tMelrose &	Sa in West
Melrose Discussion &	Tu in West
Men's Tuesday Solution & ♿	Tu in Central
Miami Beach &	W, Sa in Sub. North
Midday Serenity	Tu in North East
Midtown	Su, M in Central
Milton Sunday Night Live &	Su in Sub. Northwest
Miracle &	W in Central
Miracle Discussion	F in Central
Mississauga	Su in Sub. West
Mississauga Group	F in Sub. West
Monday Noon &	M in Central
Morning Discussion &	Su, M, Tu, W, Th, F, Sa in Central
Morning Manifestations &	M, W in North
Mount Albert &	Tu in Sub. North

Mount Dennis	Th in West
Mount Royal -York	Tu, Th in Central
Namaste Women's Group ♀	Tu in Central
New Anchor &	Tu, Th in East
New Beginnings &	Th, Sa in Sub. Northwest
New Beginnings: Keswick	Su in Sub. North
New Freedom: Seasonal Meeting	Sa in East
New Hope &	W in Central
New Life Discussion	Tu in Sub. West
Newcomers &	F in East
Newmarket Freethinkers	W in Sub. North
Newmarket Group	Su, Tu, Th, Sa in Sub. North
Noon Rap &	Tu, Th, F in Central
North Toronto &	Tu, F in Central
Not Saints &	W, Th in Central
Nothing Else Worked	M, Th in Sub. Northwest
Nueva Esperanza &	M, W in West
Oak Street Group &	F in Central
Oakville &	M in Sub. West
Oakville Discussion &	Sa in Sub. West
Oakville Men's Discussion & ♀	Th in Sub. West
Oakville North	Tu in Sub. West
Old School AA	Sa in Central
On Awakening	W in Sub. West
One Day At A Time	Su, F in North East
One Paragraph At A Time &	Su in North East
Only Requirement Beginners &	F in Sub. Northwest
Open Hands &	W in Sub. West
Open Hands Discussion &	F in Sub. West

Open Mind Discussion	W in East
Orleta Discussion: Polish &	Tu, F in West
Park Royal &	Th in Sub. West
Park Royal Discussion	M in Sub. West
Parkdale	M in West
Parkdale Sunday Morning	Su in West
Parklawn	F in West
Parkway	M, W in North
Pathfinders &	W in Central
Pefferlaw Action &	Th in Sub. North
Pickering Village	Th in Sub. East
Pine Hills	M in East
Pine Hills Helping Hands Discussion	W in East
Port Credit &	Su, Sa in Sub. West
Port Credit Discussion	Th in Sub. West
Portuguese &	Th in Central
Primary Purpose &	M, W in Central
Primero De Julio Grupo En Espanol &	F, Sa in East
Primordial Ooze	Sa in Sub. East
Prince Edward	M, W in West
Principles Before Personalities	Su in East
Promises	W in Sub. East
Punjabi -English	F in Sub. Northwest
Queen Street Secular AA Noon Meeting	Tu in Central
Queensville &	W in Sub. North
Reaching Out &	Tu in Sub. Northwest
Recovery &	Tu, Th in Sub. North
Recovery 12 Step &	Sa in Sub. Northwest
Responsibility	Tu in Central

Restoration And Recovery Discussion &	Tu, F in Sub. West
Return To Grace &	M in North East
Rexdale Saturday Am	Sa in North West
Rexdale United	Th in North West
Rexdale United Discussion	W in North West
Richmond Hill &	W, F in Sub. North
River Drive Park &	M in Sub. North
Riverdale Group	W in East
Road To Recovery	Su in North West
Rouge Valley Centenary &	M, Th in North East
Rox Glen Traditional	M, Th in Central
Royal York &	Tu, Th in West
S.O.S. &	M, F in North
Safe and Sound	Th in West
Serenity Now ♣	W in Sub. West
Sanctuary &	M, F in Central
Saturday Morning Discussion &	Sa in East
Saturday Morning Uptown Disc.	Sa in Central
Saturday Night Live	Sa in Sub. North
Saturday Night Main St.	Sa in East
Saturday Noon	Sa in Central
Saturday Women's Discussion ♣	Sa in Central
Scarborough General Hospital &	Tu in North East
Scarborough Group &	F in East
Scarborough Monday Noon	M in North East
Scarborough Thursday Noon &	Th in East
Schomberg AA Discussion	M in Sub. North
Sendero De Vida	Su, M, Tu, W, Th, F, Sa in North West
Serenity Sistas ♣	F in Sub. Northwest

Shepherd Group	Tu, Th in North
Silverbirch &	F in East
Sisters In Sobriety ♀	W in Sub. West
Sisters of Serenity ♀	W in West
Six Points	M, Th in West
Skylight Summit &	Su in Sub. North
Sober And Livinglt Women's ♀	Sa in North
Sobriety Plus	Tu in North West
Southdown &	M in Sub. North
Spirit Of The Big Book	Su in Sub. Northwest
Spiritual Kindergarden	F in Central
Spiritual Progress	Sa in Sub. Northwest
St. Andrews: Scarborough &	Sa in North East
St. Clements &	W in Central
St. Clements Discussion	M in Central
St. Joseph Street Meeting	M in Central
St. Patricks &	Tu in Central
Stained Glass	F in Central
Start Today &	Sa in West
Step Eleven Meeting &	Tu in Central
Stepping Stones Discussion	W, Sa in Central
Steps 6 & 7 Meditation & Discussion &	Th in Central
Steps To Serenity	Tu, Sa in East
Stouffville Discussion	Su in Sub. Northeast
Street Level Sobriety Group	Su in Sub. North
Streetsville	Tu, Th in Sub. West
Streetsville Action &	W in Sub. West
Streetsville St. Andrews &	Th in Sub. West
Strength In Recovery &	M in Sub. West

Sunday 2:30	Su in Central
Sunday Northwestern &	Su in North West
Sunday Scarboro &	Su in East
Sunday Serenity	Su in Sub. Northwest
Sunday Women's Discussion ♀	Su in East
Sunnyside &	Tu, Th in West
The Degrassi Group	Th in East
The First 164	W in Central
The Great Fact Discussion ♀	Tu in Central
The Half Century Group &	Su, Th in Central
The Solution Base	Tu in Sub. West
There Is A Solution	F in Central
Third Tradition &	M in East
Thorncliffe Park	M, F in Central
Thornhill &	M, W in Sub. North
Three Legacies Meeting	Su in Sub. West
Thursday East End	Th in East
Thursday Night Men's & ♀	Th in East
Thursday Noon	Th in Sub. Northeast
Toronto Sunday Morning Men's & ♀	Su in Central
Traditional	W, F in North
Traditions Study Meeting	W in Central
Trial And Error &	W in West
Trillium &	Su in Sub. West
Tuesday Night Discussion &	Tu, Th in North West
Tuesday Noon Triangle(TNT)	Tu in East
Tuesdays at Seven	Tu in Central
Twelfth Tradition &	W in Central
Twelve Steps	W in East

Twelve Traditions	W, F, Sa in Sub. East
U of T Big Book Discussion &	Tu in Central
U Of T Discussion &	Th in Central
Unidad &	Su, M, W, F in West
Unionville &	W in Sub. Northeast
Unionville Discussion &	F in Sub. Northeast
Uxbridge Big Book Discussion &	M in Sub. Northeast
Vision For You	F in East
Vision Of Hope &	M, Th in Sub. West
Viviendo Sobrio &	Th, F, Sa in North West
W.L. Meeting &	M, F in North West
Wanstead	F in East
We Agnostics &	Tu in Central
We are Diversity	Tu in Central
We Are Not Saints	F in East
Wednesday Hospital &	W in Sub. North
Wednesday Morning Women's ♀	W in West
Welcome &	Su, Th in Central
Wellesley &	F in Central
West Toronto Men's Meeting &♂	Su in West
West Toronto Women's ♀	Su in West
West York	Su in West
Westminster Discussion &	F in Sub. West
Westmoreland &	Tu, Th in Central
White Oaks	W in Sub. West
Willing To Work	Su, W in Sub. Northeast
Willowdale &	Tu, Th in North
Women's Meeting By The GalleryS ♀	u in Central
Women's Oshawa ♀	Tu in Sub. East

Women's Serenity ♿ ♀

Women's Sunday AM Discussion ♀

Woodbine Winners Circle

Woodbridge ♿

York Region Step 11 ♿

Yorkville

Su in **Sub. North**

Su in **East**

Tu in **North West**

M, Th in **Sub. Northwest**

Th in **Sub. North**

W, Sa in **Central**

Sunday

Sunday - Central

9:30 AM **Morning Discussion (C)**



O.I.S.E. Building

252 Bloor St W, Toronto

No meetings at this venue on holidays.

10:30 AM **Church Street (C)**



Church St. Community Centre

519 Church St, Toronto

10:30 AM **Toronto Sunday Morning Men's (O)**



Edward's Gardens

755 Lawrence Ave E, North York


11:00 AM **Central Women's (O)**







Scadding Court Community Centre

707 Dundas St W, Toronto

Entrance is off Bathurst Street on the southeast corner of Bathurst and Dundas St. W. ***Last Sunday the month is a closed meeting. Cancelled on holiday weekends.***

- 11:00 AM **Birds Of A Feather (O)**
Native Canadian Centre
16 Spadina Rd, Toronto
No pets please.
- 2:30 PM **Sunday 2:30 (O)**
Evangel Hall Mission
552 Adelaide St W, Toronto
Bathurst and Adelaide. Please enter using the side door.
- 6:30 PM **Love And Tolerance (O)**
Paulist Centre
830 Bathurst St, Toronto
Across from Bathurst Subway.
- 7:00 PM **Lawrence Plaza (C)**
St. Leonard's Church
25 Wanless Ave, Toronto
Behind fire station.
- 7:30 PM **The Half Century Group (O)**
 Bellwood/Waterstone
175 Brentcliffe Rd, Toronto
Free Parking for 12-step meetings. Meeting is in the main floor gym.

- 8:00 PM **Lawrence Plaza (O)**
 St. Leonard's Church
25 Wanless Ave, Toronto
Behind fire station.
- 8:00 PM **James Bond (C)**
Holy Rosary Parish Hall
356 St Clair Ave W, York
- 8:00 PM **Women's Meeting By The Gallery (C)**
 Graham Munro Centre
356 Dundas St W, Toronto
- 8:00 PM **Welcome (O)**
 Glebe Road Churches
20 Glebe Rd E, Toronto
Enter from back parking lot.
- 8:00 PM **Midtown (O)**
 Trinity-St. Paul's United Church
427 Bloor St W, Toronto
Cancelled on statutory holidays.

Sunday - East

9:30 AM



East Toronto Men's (C)

Harmony Hall

2 Gower St, East York

West of Dawes Road and South of St. Clair Ave.

10:30 AM



Women's Sunday AM Discussion (C)

St. Paul's United Church

200 McIntosh St, Scarborough

One light west of Midland on Kingston Rd. and 1/2 block north of Sandown Lane. Please use the side entrance.

11:00 AM



Sunday Women's Discussion (C)

Community Centre 55

97 Main St, Toronto

At Swanwick, south of Gerrard St.

11:00 AM



Heron Park Sun Morning Open (O)

Heron Park Community Centre

292 Manse Rd, Scarborough

East of Morningside, South of Lawrence.

11:00 AM



East Toronto Men's (O)

Harmony Hall

2 Gower St, East York

West of Dawes Road and South of St. Clair Ave.

Sunday

27




- 8:00 PM **Sunday Scarboro (O)**
♿
McGregor Community Center
2231 Lawrence Ave. E.
- 8:00 PM **Principles Before Personalities (O)**
Kingston Road United Church
975 Kingston Rd, Toronto
- 8:00 PM **Keep It Simple: Scarborough (O)**
St. Stephen's Presbyterian Church
3817 Lawrence Ave E, Scarborough

Sunday - West

- 8:00 AM **Aloha Spirit Meeting (C)**
Humber Bay Park Rd East, Toronto
Park in main parking lot.
Follow western-most trail past duckpond, down to the point.
Winter indoor location TBD.
- 10:30 AM **West York (O)**
Commercial Storefront
1049 Weston Rd, York
Enter through front door (storefront entrance), one
block South of Eglinton Ave. W.
- 10:30 AM **Live And Let Live (C)**
♿
Lakeshore Community Centre
185 Fifth St, Etobicoke
Open speaker last Sunday of the month.

Sunday

28

- 11:00 AM **Parkdale Sunday Morning (O)**
Masaryk Cowan Community Centre
220 Cowan Ave, Toronto
Enter through the front door. Meeting is in "Youth Room" *Occasional speakers.*
- 11:00 AM **West Toronto Women's (C)**
 Ourland Community Centre
18 Ourland Ave, Etobicoke
Islington and Evans
- 11:00 AM **West Toronto Men's Meeting (O)**
  Islington Senior's Centre
4968 Dundas St W, Etobicoke
Wheelchair/elevator access at back of building.
- 8:00 PM **Lakeshore (O)**
St. Margaret's Church
156 Sixth St, Etobicoke
Wheelchair accessible ramp from sidewalk. Elevator located at the south entrance.
- 8:00 PM **High Park (O)**
 St Johns' Anglican Church
288 Humberstone Ave, Toronto
North of Subway, Quebec Ave. entrance, one block south of Annette.

Sunday - North

8:00 PM **Bayview (O)**
The Willowdale Christian School
60 Hilda Ave, North York
One block west of Yonge St, just North of Drewry.

Sunday - North East

7:00 PM **One Paragraph At A Time (C)**
 Wexford United Church
2102 Lawrence Ave E, Scarborough


7:00 PM **Agincourt Acorn (C)**
 Christian Centre Building
2575 Midland Ave, Scarborough
Located in Christian Centre building north of Knox Church.

Sunday - North West


10:30 AM **Road To Recovery (C)**
Gord And Irene Risk Community Centre
2650 Finch Ave W, North York
Finch & Islington Ave.

Sunday - North West

8:00 PM **One Day At A Time (C)**
Driftwood Community Centre
4401 Jane St, North York
(North of Driftwood Ave)
Enter thru Driftwood Ave parking lot entrance

11:00 AM **Sunday Northwestern (O)**
 Lawrence Heights Community Centre
5 Replin Rd, North York
Just 5 minute walk from Lawrence West subway station.

Sunday - Suburban North

11:00 AM **Skylight Summit (O)**
 Bond Lake Arena
70 Old Colony Rd, Richmond Hill



2:00 PM **Street Level Sobriety Group (C)**
Cornerstone Alano Club
570 Steven Ct, Newmarket
Unit B. Entrance on south side alley. *Group business meeting last Sunday of the month.*

2:00 PM **Women's Serenity (C)**
 Keswick United Church
177 Church St, Georgina
Meeting suspended until further notice

Sunday

- 7:00 PM **Last Road of Recovery (C)**
Kettleby Ranch
16140 Jane St, King City
- 7:00 PM **Newmarket Group (C)**
New Hope Methodist Church
337 Queen St, Newmarket
- 8:00 PM **Aurora (O)**
St. Andrew's Presbyterian Church
32 Mosley St, Aurora
- 8:00 PM **New Beginnings: Keswick (C)**
Keswick United Church
177 Church St, Georgina

Sunday - Suburban West

- 10:30 AM **Canlan Sunday Morning Meeting (O)**
 Canlan Sports Arena
2300 Cornwall Rd, Oakville
Use rear entrance to the 2nd floor. Elevator at the front door.
- 11:00 AM **Trillium (O)**
 Appleton Building
160 Sherway Dr, Etobicoke
Behind the Queensway Hospital.

- 1:30 PM **Crossroads (C)**
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga
☺
- 2:30 PM **Credit Valley (O)**
South Common Community Centre
2233 South Millway, Mississauga
Behind South Common Mall.
☺
- 7:30 PM **Port Credit (C)**
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga
- 8:00 PM **Mississauga (O)**
St. Hilary's Church
2055 Hurontario St, Mississauga
Enter from North Service Road.
- 8:00 PM **Bloordale (O)**
Bloordale United Church
4258 Bloor St W, Etobicoke
☺
- 8:00 PM **Hopedale Discussion (C)**
Hopedale Presbyterian Church
156 Third Line, Oakville
North of Lakeshore, south of Rebecca St. Oakville.
- 8:00 PM **The Three Legacies Meeting (O)**
Trinity Church
69 Queen St South, Mississauga
- Sunday

Sunday - Suburban Northeast

- 8:00 PM **Stouffville Discussion (C)**
Stouffville United Church
34 Church St N, Whitchurch-Stouffville
Enter using north door. *Open meeting 2nd Sunday of the month.*
- 8:00 PM **Willing To Work (O)**
Unionville Train Station Community Centre
9 Station Ln, Unionville
*Red building next door from Train Station,
in Stiver Mill Cultural Centre*

Sunday - Suburban Northwest

- 10:30 AM **Brampton Sunday A.M. Disc. (C)**
Chris Gibson Rec Centre
125 McLaughlin Rd N, Brampton
Near Queen Street west, south of Highway 7.
- 1:00 PM **Spirit Of The Big Book (C)**
Central Public School
24 Alexander St, Brampton

- 8:00 PM **Milton Sunday Night Live** (C)
♿
Birkdale Retirement Community
611 Farmstead Dr, Milton
- 8:00 PM **Sunday Serenity** (C)
St. Paul's Presbyterian Church
723 Balmoral Dr, Brampton
- 8:00 PM **Here's How** (O)
Peel Chemical Withdrawal Centre
135 McLaughlin Rd S, Brampton

Monday

Monday - Central

6:50 AM **Early Morning Discussion (C)**



O.I.S.E. Building
252 Bloor St W, Toronto
No meetings at this venue on holidays.
Room 5-150

7:30 AM **Morning Discussion (C)**



O.I.S.E. Building
252 Bloor St W, Toronto
No meetings at this venue on holidays.
Room 5-150

12:00 PM **Sanctuary (C)**





The Sanctuary
25 Charles St E, Toronto

12:15 PM **Monday Noon (O)**



Christ Church Deer Park
1570 Yonge St, Toronto

- 7:00 PM **Glenholme (C)**
Fairbank United Church
2746 Dufferin St, North York
North of Eglinton. Enter by south door. *Business meeting last Monday of the Month.*
- 7:00 PM **Beyond Belief Agnostics & Freethinkers**
 (0)
O.I.S.E. Building
252 Bloor St W, Toronto
No meetings at this venue on holidays.
Room 5-150
- 7:00 PM **St. Joseph Street Meeting (0)**
St. Basil's Church
50 St Joseph St, Toronto
Enter off Bay St. at Irwin Ave.
- 7:30 PM **Thornccliffe Park (C)**
 Chapel In The Park Church
16 Thornccliffe Park Dr, East York
- 7:30 PM **Primary Purpose (C)**
 Christ Church Deer Park
1570 Yonge St, Toronto

- 7:30 PM **Corktown Group (C)**
Riverside Church
456 King St E, Toronto
- 7:30 PM **Back To Basics: Downtown (C)**
♿
Orthopaedic Hospital
43 Wellesley St E, Toronto
Elevator access to 8th floor.
- 7:30 PM **Hill Discussion (C)**
Church Of The Transfiguration
111 Manor Rd E, Toronto
Between Yonge St. and Mt. Pleasant Rd.
- 8:00 PM **Midtown (C)**
Trinity-St. Paul's United Church
427 Bloor St W, Toronto
Cancelled on statutory holidays.
- 8:00 PM **Rox Glen Traditional (C)**
Rosedale United Church
159 Roxborough Dr, Toronto
TTC Bus #82 from Rosedale Subway.
- 8:00 PM **Deer Park (C)**
Holy Rosary Parish Hall
356 St Clair Ave W, York

8:00 PM **Good Shepherd Refuge (0)**
♿
Good Shepherd Refuge
412 Queen St E, Toronto
East of Parliament St.



8:00 PM **St. Clements Discussion (C)**
Glenview Presbyterian Church
1 Glenview Ave, Toronto

8:00 PM **Glenholme (0)**
Fairbank United Church
2746 Dufferin St, North York
North of Eglinton. Enter by south door.

Monday - East

1:00 PM **Dry On Danforth (C)**
Oasis Club
921 Danforth Ave, Toronto
No pets or food. *Cancelled on statutory holidays.*

6:30 PM **Kennedy Park (C)**
Konko Church Of Toronto
398 Kennedy Rd, Scarborough


- 6:30 PM **Fellowship (C)**
St. John's R.C. Church
794 Kingston Rd, Toronto
Rear entrance. Metting in Basement
- 7:30 PM **Grace And Gratitude (C)**
Metropolitan Church Of Toronto
115 Simpson Ave, Toronto
Meeting in Basement
- 8:00 PM **Third Tradition (O)**
 Toronto East General Hospital
825 Coxwell Ave, East York
Private Dining Room, 4th Floor.
- 8:00 PM **Golden Mile (C)**
 Toronto Southeast Presbytery Church
963 Pharmacy Ave, Scarborough
Meeting is in the basement. Wheelchair access from the rear parking lot.
- 8:00 PM **Pine Hills (O)**
St. Paul's United Church
200 McIntosh St, Scarborough
One light west of Midland on Kingston Rd. and 1/2 block north of Sandown Lane. Please use the side entrance.
- Monday 40

8:00 PM **Fellowship (O)**
St. John's R.C. Church
794 Kingston Rd, Toronto
Rear entrance. Meeting in Basement

Monday - West

1:00 PM **Parkdale (C)**
St Clare Centre
1322 Queen St W, Toronto
Cancelled on statutory holidays.

8:00 PM **Long Branch (O)**
Mimico Presbyterian Church
119 Mimico Ave, Etobicoke

8:00 PM **Six Points (O)**
 Our Lady Of Peace Church
3914 Bloor St W, Etobicoke

8:00 PM **Kingsway (C)**
 Humber Valley United Church
76 Anglesey Blvd, Etobicoke
Hartfield Rd. entrance

8:00 PM **Islington (C)**
Islington United Church
25 Burnhamthorpe Rd, Etobicoke

8:00 PM **Prince Edward (O)**
All Saints Anglican Church
2850 Bloor St W, Etobicoke
Royal York subway - Grenview exit.

8:00 PM **Friendly Group (O)**
St. Vincent De Paul Church
263 Roncesvalles Ave, Toronto

Monday - North

7:30 AM **Morning Manifestations (C)**
Don Mills Clubhouse
1 Overland Dr, North York
Located on Main Floor. Upper Studio Room, just past
Administration Desk.

8:00 PM **Bypass (C)**
St. George's Church
5350 Yonge St, North York
Entrance is off Churchill Ave., through the rear entrance
from the parking lot.

8:00 PM **S.O.S. (C)**
♿ St. Mathew The Apostle Church
80 George Henry Blvd, North York

8:00 PM **Parkway (0)**
Advent Lutheran Church
2800 Don Mills Rd E, North York

Monday - North East

12:00 PM **Scarborough Monday Noon (C)**
Wexford United Church
2102 Lawrence Ave E, Scarborough

6:00 PM **Rouge Valley Centenary (0)**
♿ Centenary Health Centre
2867 Ellesmere Rd, Scarborough
6th Floor, Occupational Therapy Room
Parking exit pass provided at the meeting

7:00 PM **Return To Grace (0)**
♿ Scarborough Hospital - Birchmount
Campus
3030 Birchmount Rd, Scarborough
TTC route 17. Just north of Finch. Free street parking
on L'Amoreaux Dr. and on Silver Springs Blvd **Meeting
in Education Centre, Level 1.**

7:00 PM **Rouge Valley Centenary (O)**
Centenary Health Centre
2867 Ellesmere Rd, Scarborough
Parking exit pass is provided at the meeting.
6th Floor, Occupational Therapy Room

8:00 PM **Bellamy (O)**
St. Ninian's Anglican Church
930 Bellamy Rd N, Scarborough
At Brimorton Dr. north of Lawrence Ave. East.

Monday - North West

12:00 PM **W.L. Meeting (C)**
York West Active Living Centre
1901 Weston Rd, York
The meeting is in the Sun Room. *Cancelled on statutory holidays.*

Monday - Suburban North

12:00 PM **Cornerstone To Recovery (C)**
Cornerstone Alano Club
570 Steven Ct, Newmarket
Unit B. Entrance on south side alley.

- 7:30 PM **Schomberg AA Discussion (C)**
Saint Mary Magdalene Anglican Church
116 Church St, Schomberg
Enter south doors and downstairs.
- 7:30 PM **Southdown (C)**
♿ Southdown Institute
18798 Old Yonge St, Holland Landing
- 8:00 PM **Black River (C)**
♿ Knox United Church
34 Market St, Georgina
- 8:00 PM **Joy Of Living (C)**
Maple Hill Baptist Church
215 Glenwoods Ave, Keswick
Meeting down stairs to the left.
Open meeting 1st Monday of the month
- 8:00 PM **King City (O)**
♿ All Saints Anglican Church
12935 Keele St, King City
South of King Side Rd. Wheeltrans to entrance on north
side. Ask a member for assistance.
- 8:00 PM **Thornhill (C)**
Thornhill Presbyterian Church
271 Centre St, Thornhill
- Monday

8:00 PM **River Drive Park (O)**
🦿 Victory Baptist Church
18408 Yonge St, East Gwillimbury

Monday - Suburban East

8:00 PM **Liverpool (O)**
Dunbarton United Church
1066 Dunbarton Rd, Pickering

8:00 PM **Ajax Discussion (C)**
🦿 St. Paul's United Church
65 Kings Crescent, Ajax

Monday - Suburban West

12:15 PM **Daily Reflections (C)**
🦿 St. Simon's Anglican Church
1450 Litchfield Rd, Oakville
Trafalgar Road, North of QEW. Please enter via the front door. Meeting in church

1:30 PM **Vision Of Hope (C)**
🦿 Salvation Army
3173 Cawthra Rd, Mississauga
Enter through the back of the building.

- 6:30 PM **Park Royal Discussion (C)**
Sheridan United Church
2501 Truscott Dr, Mississauga
At Southdown Road beside Park Royal Community
Centre.
- 7:00 PM **Meadowvale Fellowship (C)**
♿
Meadowvale Community Church
2630 Inlake Ct, Mississauga
- 7:30 PM **Bloordale (C)**
♿
Bloordale United Church
4258 Bloor St W, Etobicoke
- 8:00 PM **Back To Basics: Oakville (O)**
Saint Paul's United
454 Rebecca St, Oakville
Beside YMCA

8:00 PM



Oakville (O)

St. Jude's Church

160 William St, Oakville

8:00 PM



Strength In Recovery (C)

St. Hilary's Church

2055 Hurontario St., Mississauga

8:30 PM



Erin Mills (O)

Erin Mills United Church

3010 The Collegeway, Mississauga

First light south of Burnhamthorpe Rd. at Winston Churchill Blvd.

Monday - Suburban Northeast

12:00 PM

Keep Coming Back (C)

Wideman Mennonite Church

10530 ON-48, Markham

Church is located on Hwy 48 just north of Major Mackenzie.

8:00 PM



Uxbridge Big Book Discussion (C)

St Paul's Anglican Church

59 Toronto St S, Uxbridge

Monday

48

8:00 PM **Markham Village (O)**
St. Andrew's Presbyterian Church
143 Main St N, Markham
Enter from the rear of church.

Monday - Suburban Northwest

12:00 PM **Bramalea Noon Discussion (C)**
Emmanuel United Church
420 Balmoral Dr, Brampton
East of Dixie Road, Bramalea

12:00 PM **Grace Noon (C)**
♿
Grace United Church
156 Main St N, Brampton

8:00 PM **Keep It Simple (C)**
St. James The Apostle
3 Cathedral Rd, Brampton
#10 and Nanwood Dr.

8:00 PM **Nothing Else Worked (C)**
St. Judes Anglican Church
1000 Central Park Dr, Brampton
*Tradition discussion 1st Monday of the month.
Medallions last Monday of the month.*

8:00 PM **Brampton New Life (O)**
Augsburg Lutheran Church
224 Mill St S, Brampton

8:00 PM **Woodbridge (C)**
 Woodbridge United Church
8090 Kipling Ave, Vaughan

Tuesday

Tuesday - Central

6:50 AM **Early Morning Discussion (C)**



O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150

No meetings at this venue on holidays.

7:30 AM **Morning Discussion (C)**



O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150

No meetings at this venue on holidays.

12:00 PM **Noon Rap (C)**



St. Andrew's Hall
73 Simcoe St, Toronto

Cancelled on statutory holidays.

12:15 PM **Step Eleven Meeting (C)**



Calvin Presbyterian Church
26 Delisle Ave, Toronto



12:15 PM **Queen St Secular AA Noon Meeting (O)**



Bell Gateway Building
100 Stokes St, Toronto
Meeting in Sacred Space (2nd Floor)

Tuesday

51


- 6:00 PM **Mount Royal - York (O)**
Metropolitan United Church
56 Queen St E, Toronto
Bond St. entrance, through parking lot.
- 6:00 PM **Conscious Contact (C)**
St. Stephen In The Fields Church
103 Bellevue Ave, Toronto
- 6:00 PM **U of T Big Book Discussion (C)**
 O.I.S.E. Building
252 Bloor St W, Toronto
Please ask Security for room number. No meetings at this venue on holidays. ***Open meeting last Tuesday of the month.***
- 6:30 PM **Namaste Women's Group (C)**
 St. Matthew's United Church
729 St Clair Ave W, Toronto
Please enter single gold door through parking lot.
Upstairs in the Oakwood Room. ***This is a fragrance -free meeting.***
- 7:00 PM **Tuesdays at Seven (C)**
St. Andrew's United Church
117 Bloor St E, Toronto
No pets please.

7:30 PM **We Are Diversity (O)**
St. Luke's United Church
353 Sherbourne St, Toronto
Enter through door south of main door on Sherbourne

7:30 PM **Men's Tuesday Solution (O)**
 O.I.S.E. Building
252 Bloor St W, Toronto
Please ask Security for room number.

7:30 PM **Responsibility (C)**
Bloor Street United Church
300 Bloor St W, Toronto
Cancelled on statutory holidays.





8:00 PM **North Toronto (O)**
 St. George's-Eglinton United Church
35 Lytton Blvd, Toronto

8:00 PM **Love And Tolerance (O)**
 Paulist Centre
830 Bathurst St, Toronto
Across from Bathurst Subway.

8:00 PM **Westmoreland (O)**
 St Paul's Presbyterian Church
100 Hepbourne St, Toronto

Tuesday

53

- 8:00 PM **Amazing Grace (C)**
Blessed Sacrament
24 Cheritan Ave, Toronto
Please enter through the second set of doors on
Cheritan, west of Yonge.
- 8:00 PM **Harbour Light (O)**
 Harbour Light Centre
160 Jarvis St, Toronto
Meeting is accessible through the main reception area.
This is a District 10 Service Meeting.
- 8:00 PM **St. Patricks (C)**
 Good Shepherd Refuge
412 Queen St E, Toronto
East of Parliament St.
- 8:00 PM **We Agnostics (O)**
 First Unitarian Congregation of Toronto
175 St Clair Ave W, Toronto
Meeting is on entrance level at the rear of the building.
- 8:00 PM **The Great Fact Discussion (C)**
 Trinity-St. Paul's United Church
427 Bloor St W, Toronto
Cancelled on statutory holidays.

8:30 PM **Little D. Traditional Group (0)**
☺
First Christian Reformed Church Of
Toronto
67 Taunton Rd, Toronto
One block east of Mount Pleasant and 1/2 block south
of Eglinton.

Tuesday - East

12:15 PM **Tuesday Noon Triangle (TNT) (0)**
Hope United Church
2550 Danforth Ave, Toronto

1:00 PM **Dry On Danforth (C)**
Oasis Club
921 Danforth Ave, Toronto
No pets or food. *Cancelled on statutory holidays.*

6:30 PM **Beaches (C)**
☺
Beach United Church
140 Wineva Ave, Toronto
1st Tuesday of month: Business meeting

8:00 PM **New Anchor (C)**
☺
St. Margaret's In The Pines Church
4130 Lawrence Ave E, Scarborough

8:00 PM **Steps To Serenity (C)**
Eastminster United Church
310 Danforth Ave, Toronto
Entrance through side door on Jackman Ave.

8:00 PM **East York (O)**
St. Columba And All Hallows Church
2723 St Clair Ave E, East York

8:00 PM **Beaches (O)**
♿ Beach United Church
140 Wineva Ave, Toronto

Tuesday - West

12:00 PM **Melrose Discussion (C)**
♿ St. Matthews Anglican Church
3962 Bloor St W, Etobicoke
The meeting will be held in the upstairs parlour.

12:00 PM **Lakeshore Noon (C)**
♿ Lakeshore Community Centre
185 Fifth St, Etobicoke
Step One on the 1st Tuesday of the month.

7:00 PM **Kipling (C)**
♿ Olivet Church
279 Burnhamthorpe Rd, Etobicoke
At Lorraine Gardens two Blocks West of Kipling on the north side.

8:00 PM **Sunnyside (C)**
♿ Bonar-Parkdale Presbyterian Church
250 Dunn Ave, Toronto




8:00 PM **Royal York (O)**
♿ St. Matthias Anglican Church
1428 Royal York Rd, Etobicoke

Tuesday - North

8:00 PM **Shepherd Group (O)**
Church Of The Incarnation
15 Clairtrell Rd, North York
1 Block W. of Bayview and Sheppard Ave .

8:00 PM **Willowdale (C)**
♿ Bayview United Church
2609 Bayview Ave, North York


Tuesday - North East


- 1:15 PM **Midday Serenity (C)**
St. Andrew's Church
2333 Victoria Park Ave, North York
Just south of 401. Please ring the bell at the door.
- 7:00 PM **Scarborough General Hospital (O)**
 Scarborough General Hospital
3050 Lawrence Ave E, Scarborough
West entrance. Meeting in Boardroom.
- 8:00 PM **Chartwell (C)**
Holy Spirit R.C. Church
3526 Sheppard Ave E, Scarborough
- 8:00 PM **Fifth Tradition: Scarborough (O)**
 Wexford United Church
2102 Lawrence Ave E, Scarborough
- 8:00 PM **Agincourt Acorn (O)**
 Christian Centre Building
2575 Midland Ave, Scarborough
Located in Christian Centre building north of Knox Church.

Tuesday - North West

- 12:30 PM **Gift of Life (O)**
🦽 Humber River Hospital
1235 Wilson Ave, Toronto
Please take the East Elevator to Level 5, room K (or ask at reception).
- 1:00 PM **Woodbine Winners Circle (C)**
Woodbine Racetrack
555 Rexdale Blvd, Etobicoke
Follow perimeter: Grandstand Entrance Road (South & East) - To Gate # 1 on Stable Rd. Meeting in security trailer boardroom to the right of the gate guard.
- 8:00 PM **Sobriety Plus (O)**
Riverside-Emery United Church
2799 Weston Rd, North York
- 8:00 PM **Tuesday Night Discussion (C)**
🦽 Downsview United Church
2822 Keele St, North York
North of Wilson Please use the back door.

Tuesday - Suburban North


- 12:00 PM **Newmarket Group (C)**
New Hope Methodist Church
337 Queen St, Newmarket
- 7:00 PM **Living Sober: Beginners (C)**
Trinity United Church
461 Park Ave, Newmarket
- 7:30 PM **12 Principles Group (C)**
Emmanuel Anglican Church
15 MacKay Dr, Richmond Hill
Rutherford and Yonge area. *Open Speaker 1st Tuesday of the month.*
- 8:00 PM **Recovery (C)**
 Christ The King Lutheran Church
149 Bay Thorn Dr, Thornhill
South of Highway 7 and North of Steeles
- 8:00 PM **Great Reality Group (C)**
Cornerstone Alano Club
570 Steven Ct, Newmarket
Unit B. Entrance on south side alley.


- 8:00 PM **Living Sober (O)**
Trinity United Church
461 Park Ave, Newmarket
- 8:00 PM **Mount Albert (O)**
 Mount Albert United Church
41 Alice St, Mount Albert
Open Meeting on the 1st Tuesday of the month.
- 8:00 PM **Aurora Discussion (C)**
St. Andrew's Presbyterian Church
32 Mosley St, Aurora

Tuesday - Suburban East

- 10:00 AM **Women's Oshawa (C)**
 Alano Club Oshawa
200 Thornton Rd N, Oshawa
Meeting upstairs

Tuesday - Suburban West

12:15 PM **Daily Reflections (C)**
 St. Simon's Anglican Church
1450 Litchfield Rd, Oakville
Trafalgar Road, North of QEW. Please enter via the front door. Meeting in church

1:30 PM **Restoration And Recovery Discussion (C)**
 Thomas A Becket Anglican Church
3535 S Common Ct, Mississauga

7:00 PM **Ladies 12&12 (C)**
 St. Jude's Church
160 William St, Oakville
Meeting is downstairs.

7:00 PM **New Life Discussion (C)**
First United Church
151 Lakeshore Rd W, Mississauga
Entrance from Peter Street using side door of church.
Meeting downstairs.

7:30 PM **The Solution Base (C)**
West Edge Community Center
157 Lakeshore Rd W, Mississauga
No pets please.

8:00 PM **Alderwood Discussion (C)**
St. Ambrose R.C. Church
782 Brown's Line, Etobicoke

8:00 PM **Markland Wood Discussion (C)**
 St. Clement's R.C. Church
409 Markland Dr, Etobicoke

8:00 PM **Oakville North (C)**
St. Michael's Church
181 Sewell Dr, Oakville

8:30 PM **Streetsville (O)**
Meadowvale West Church Centre
6945 Meadowvale Town Centre Cir,
Mississauga

Tuesday - Suburban Northeast

7:00 PM **Markham Tuesday (C)**
♿ St. Andrew's United Church
32 Main St N, Markham

7:30 PM **Foundation Group (C)**
♿ Wideman Mennonite Church
10530 ON-48, Markham
Church is located on Hwy 48 just north of Major Mackenzie.

Tuesday - Suburban Northwest


12:00 PM **Grace Noon (C)**
♿ Grace United Church
156 Main St N, Brampton

7:30 PM **Brampton Bad Boys (C)**
♿ Central Public School
24 Alexander St, Brampton
Meets in the basement in the senior's room.

8:00 PM **Living And Learning (O)**
St. Leonard's House
1105 Queen St E, Brampton

8:00 PM **Last Chance (O)**
Our Lady Of The Airways
7411 Darcel Ave, Mississauga

8:00 PM **Bolton (C)**
Caven Presbyterian Church
110 King St W, Bolton

8:00 PM **Reaching Out (O)**
 Emmanuel United Church
420 Balmoral Dr, Brampton
East of Dixie Road, Bramalea

Wednesday

Wednesday - Central

6:50 AM **Early Morning Discussion (C)**



O.I.S.E. Building

252 Bloor St W, Toronto

Room 5-150

No meetings at this venue on holidays.

7:30 AM **Morning Discussion (C)**



O.I.S.E. Building

252 Bloor St W, Toronto

Room 5-150

No meetings at this venue on holidays.

12:00 PM **Homestead Women's (O)**



Salvation Army Homestead

78 Admiral Rd, Toronto

Northeast from St. George Subway, entrance at side door, 1st floor lounge.

- 12:15 PM **Miracle (O)**
♿ Christ Church Deer Park
1570 Yonge St, Toronto
- 6:00 PM **Traditions Study Meeting (C)**
O.I.S.E. Building
252 Bloor St W, Toronto
Please ask Security for room number. No meetings at this venue on holidays.
- 7:00 PM **Glenholme (C)**
Fairbank United Church
2746 Dufferin St, North York
North of Eglinton. Enter by south door.
- 7:15 PM **New Hope (O)**
♿ Camh Bell Gateway Building
Bell Gateway Building, 100 Stokes St,
Toronto
2nd floor in "Sacred Space"
- 7:30 PM **Twelfth Tradition (C)**
♿ Orthopaedic Hospital
43 Wellesley St E, Toronto
Elevator access to 8th floor.

- 7:30 PM **The First 164 (C)**
Trinity-St. Paul's United Church
427 Bloor St W, Toronto
*Cancelled on statutory holidays. Please bring your own
Big Book.*
- 7:30 PM **Yorkville (C)**
Church Of The Messiah
240 Avenue Rd, Toronto
Enter from Dupont St.
- 7:30 PM **Primary Purpose (O)**
♿
Christ Church Deer Park
1570 Yonge St, Toronto
- 8:00 PM **Stepping Stones Discussion (C)**
Paulist Centre
830 Bathurst St, Toronto
Across from Bathurst Subway.
- 8:00 PM **Not Saints (C)**
New Day and Location of Sept. 4, 2019
Trinity-St. Paul's Church
427 Bloor St West, Toronto

- 8:00 PM **Pathfinders (C)**
♿ St. Ansgar Lutheran Church
1498 Avenue Rd, North York
Enter at back of building
- 8:00 PM **Don Mills (O)**
♿ St. Bonaventures R.C. Church
1300 Leslie St, North York
Entrance rear of Parish Hall.
- 8:00 PM **St. Clements (O)**
♿ St. Clements Church
70 St Clements Ave, Toronto
At Duplex Ave. Entrance at the south side of the church.
- 8:00 PM **Active (O)**
♿ Buzz 1040
140 The Esplanade, Toronto
One block east of Jarvis on The Esplanade. Ring Buzzer #1040. For wheelchair access, please pull up to the front door. Meeting is on the main level.

Wednesday - East

- 1:00 PM **Dry On Danforth (C)**
Oasis Club
921 Danforth Ave, Toronto
No pets or food. *Cancelled on statutory holidays.*

Wednesday

- 6:45 PM **Twelve Steps (C)**
Fallingbrook Presbyterian Church
35 Wood Glen Rd, Scarborough
- 7:30 PM **Open Mind Discussion (C)**
St. Luke's Anglican Church
904 Coxwell Ave, East York
- 7:00 PM **Riverdale Group (O)**
Serior Residential Building
44 Logan Ave, Tronto
Enter through side doors. Meeting held in Activity Room
- 7:30 PM **Pine Hills Helping Hands Discussion (C)**
St. Paul's United Church
200 McIntosh St, Scarborough
One light west of Midland on Kingston Rd. and 1/2 block north of Sandown Lane. Please use the side entrance.
- 8:00 PM **Twelve Steps (O)**
Fallingbrook Presbyterian Church
35 Wood Glen Rd, Scarborough
- 8:00 PM **Golden Mile (O)**
 Toronto Southeast Presbytery Church
963 Pharmacy Ave, Scarborough
Meeting is in the basement. Wheelchair access from the rear parking lot.

8:30 PM **Joy In Sobriety (C)**
Church Of Christ
346 Strathmore Blvd, Toronto


Wednesday - West

10:00 AM **Wednesday Morning Women's (C)**
 St. Matthews Anglican Church
3962 Bloor St W, Etobicoke

1:00 PM **Basic Big Book Step Study (C)**
St. Matthews Anglican Church
3962 Bloor St W, Etobicoke

6:00 PM **Sister of Serenity (C)**
 Roncesvalles United Church
214 Wright Ave (at Roncesvalles)
Meeting in Artful Child Room

7:30 PM **Hadenuffyet Big Book Discussion (C)**
 Haven On The Queensway
1533 The Queensway, Etobicoke

8:00 PM **Kingsway (O)**
 Humber Valley United Church
76 Anglesey Blvd, Etobicoke
Hartfield Rd. entrance

8:00 PM **Friendly Group (C)**
♿ St. Vincent De Paul Church
263 Roncesvalles Ave, Toronto

8:00 PM **Trial And Error (O)**
♿ Mimico Presbyterian Church
119 Mimico Ave, Etobicoke

8:00 PM **Prince Edward (C)**
All Saints Anglican Church
2850 Bloor St W, Etobicoke
Royal York subway - Grenview exit.

Wednesday - North

7:30 AM **Morning Manifestations (C)**
♿ Don Mills Clubhouse
1 Overland Dr, North York
Located on Main Floor. Upper Studio Room, just past
Administration Desk.


8:00 PM **Parkway (C)**
Advent Lutheran Church
2800 Don Mills Rd E, North York

8:00 PM **Armour Heights (O)**
Commercial Mall
846 Sheppard Ave W, North York
Unit "B". Meeting held downstairs.

8:00 PM **Traditional (C)**
St. John's Anglican Church Of York Mills
19 Don Ridge Dr, North York
Use walkway on left from parking to the back door of
the church.

Wednesday - North East

8:00 PM **Anniversary (O)**
St. Mark's United Church
115 Orton Park Rd, Scarborough



8:00 PM **Leslie (C)**
 Jubilee United Church
40 Underhill Dr, North York

Wednesday - North West

8:00 PM **Rexdale United Discussion (C)**
St. Paul The Apostle Anglican Church
2182 Kipling Ave, Etobicoke
Between Rexdale Blvd. and Albion Road Entrance N.
Side Basement Hall.

Wednesday - Suburban North

- 10:00 AM **Belinda's Place Shelter Meeting (C)**
 Belinda's Place
16580 Yonge St, Newmarket
Parking across street in Metro Plaza.
- 10:30 AM **Back To Basics: Richmond Hill (C)**
 M.L. Mcconaghy Seniors Centre
10100 Yonge St, Richmond Hill
- 12:00 PM **Aurora Wednesday Noon (C)**
Trinity Anglican Church
79 Victoria St, Aurora
Held in Common Room, please enter through doors
from parking lot off Metcalfe.
- 12:00 PM **Cornerstone To Recovery (C)**
Cornerstone Alano Club
570 Steven Ct, Newmarket
Unit B. Entrance on south side alley.
- 7:00 PM **King City Discussion (C)**
 St. Andrews Presbyterian Church
13190 Keele St, King City

- 7:30 PM **Breaking Bad (C)**
Cornerstone Alano Club
570 Steven Ct, Newmarket
Unit B. Entrance on south side alley.
- 8:00 PM **Richmond Hill (C)**
 St. Mary's Anglican Church Hall
10030 Yonge St, Richmond Hill
Entrance to St. Mary's is a laneway just west of Yonge St. on the north side of Major Mackenzie. There is no entrance off Yonge St.
- 8:00 PM **Newmarket Freethinkers (C)**
Christian Baptist Church
135 Main St, Newmarket
Enter on north side.
- 8:00 PM **Queensville (C)**
 Queensville United Church
20453 Leslie St, East Gwillimbury
Elevator at back of church.
Last Wed. of month open speaker.
- 8:00 PM **Miami Beach (C)**
Keswick United Church
177 Church St, Georgina

8:00 PM **Wednesday Hospital (C)**
♿ Southlake Regional Health Centre
596 Davis Dr, Newmarket
Enter through the door to the right of Emergency
Entrance. 4th Flr, West Wing, Room 4-817.

8:00 PM **Thornhill (O)**
Thornhill Presbyterian Church
271 Centre St, Thornhill

Wednesday - Suburban East

7:30 PM **Lighten the Burden (O)**
Alano Club Oshawa
200 Thornton Rd N, Oshawa
Meeting upstairs

8:00 PM **Promises (C)**
St. Timothy's Church
97 Burcher Rd, Ajax

8:00 PM **Twelve Traditions (O)**
St. Martin's Anglican Church
1203 St Martins Dr, Pickering

Wednesday - Suburban West

- 9:30 AM **On Awakening (C)**
Thomas A Becket Anglican Church
3535 S Common Ct, Mississauga
Bring your own Big Book.
- 12:15 PM **Daily Reflections (C)**
♿ St. Simon's Anglican Church
1450 Litchfield Rd, Oakville
Trafalgar Road, North of QEW. Please enter via the front door. Meeting in church
- 1:00 PM **Crossroads (C)**
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga
- 7:00 PM **Streetsville Action (C)**
♿ Streetsville United Church
274 Queen St S, Mississauga
- 7:00 PM **Bloordale (C)**
♿ Bloordale United Church
4258 Bloor St W, Etobicoke

- 7:00 PM **Sisters In Sobriety (C)**
♣
St. Hilary's Church
2055 Hurontario St, Mississauga
Enter from North Service Road.
- 7:00 PM **Beyond Belief (C)**
♿
South Common Community Centre
2233 South Millway, Mississauga
Behind South Common Mall.
- 7:30 PM **Hope Place (O)**
♣
Hope Place Center
9605 Regional Rd 25, Limehouse
- 7:30 PM **Serenity Now (C)**
♣
Munn's United Church
5 Dundas St East, Oakville
- 8:00 PM **Credit Valley Discussion (C)**
♿
Thomas A Becket Anglican Church
3535 S Common Ct, Mississauga
- 8:00 PM **White Oaks (C)**
St. Aidan's Church
318 Queen Mary Dr, Oakville
- 8:00 PM **Open Hands (O)**
♿
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga

Wednesday

8:30 PM **Streetsville Action (O)**
♿ Streetsville United Church
274 Queen St S, Mississauga

Wednesday - Suburban Northeast

7:30 PM **Willing To Work (O)**
Unionville Train Station Community Centre
9 Station Ln, Unionville
Meeting held in Stiver Feed Mill. Red building West of station.

7:30 PM **Fellowship of the Spirit (C)**
St. Andrew's United Church
32 Main St N, Markham

8:00 PM **Unionville (O)**
♿ St. Phillips-On-The-Hill
9400 Kennedy Rd, Markham

Wednesday - Suburban Northwest


- 10:00 AM **Big Book Study (Brampton) (C)**
Grace United Church
156 Main St N, Brampton
- 12:00 PM **Grace Noon (C)**
♿ Grace United Church
156 Main St N, Brampton
- 12:00 PM **Grace Noon (C)**
♿ Grace United Church
156 Main St N, Brampton
- 7:00 PM **Freedom (C)**
♿ St Eugene's Catholic Church
1252 Steeles Ave West, Brampton
Meeting located behind church and behind clergy house,
at cottage-style house
- 8:00 PM **Bramalea Care And Share Disc. (C)**
St. Paul's Presbyterian Church
723 Balmoral Dr, Brampton
Open meeting last Wednesday of the month.
- 8:00 PM **Calendon Serenity Group Big Book (C)**
Mayfield United Church
12496 Dixie Rd, Caledon

Thursday

Thursday - Central

- 6:50 AM **Early Morning Discussion (C)**
♿ O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.
- 7:30 AM **Morning Discussion (C)**
♿ O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.
- 12:00 PM **Noon Rap (C)**
♿ St. Andrew's Hall
73 Simcoe St, Toronto
Cancelled on statutory holidays.
- 12:15 PM **Steps 6 & 7 Meditation & Discussion (C)**
♿ Calvin Presbyterian Church
26 Delisle Ave, Toronto
- 12:15 PM **12 & 12 Discussion (C)**
Trinity-St. Paul's United Church
83427 Bloor St West, Toronto
Enter doors facing Bloor St. Meeting located
at the back of Sanctuary
- Thursday


- 12:15 PM **Living In Today Discussion (C)**
♿ Church St. Community Centre
519 Church St, Toronto
- 6:00 PM **Mount Royal - York (C)**
Metropolitan United Church
56 Queen St E, Toronto
Bond St. entrance, through parking lot.
- 6:00 PM **U Of T Discussion (C)**
♿ O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.
- 7:00 PM **Beyond Belief Agnostics & Freethinkers (O)**
♿ O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.
- 7:30 PM **Gay Sober Men (O)**
St. Luke's United Church
353 Sherbourne St, Toronto
Meeting in the Friendship Room. All are welcome!

8:00 PM
 **Fledgling Society (O)**
College St United Church
452 College Street, Toronto (Bathurst & College)
Entrance at 502 Bathurst St

8:00 PM
 **Eglinton Park (C)**
St Cuthbert's Anglican Church
1399 Bayview Ave, East York
Just south of Davisville Ave. Entrance and parking on
St. Cuthbert's Rd.

8:00 PM
 **Little D. Traditional Group (C)**
First Christian Reformed Church Of
Toronto
67 Taunton Rd, Toronto
One block east of Mount Pleasant and 1/2 block south
of Eglinton.

8:00 PM
Rox Glen Traditional (O)
Rosedale United Church
159 Roxborough Dr, Toronto
TTC Bus #82 from Rosedale Subway.

8:00 PM
 **Welcome (C)**
Glebe Road Churches
20 Glebe Rd E, Toronto
Enter from back parking lot. *Tradition discussion
available last Thursday of the month.*

Thursday

83

8:00 PM **Not Saints (C)**
♿ Miles Nadal JCC Community Centre
750 Spadina Ave, Toronto
As of Sept. 4, 2019: Moving to Wednesdays (New Location)


8:00 PM **Westmoreland (C)**
♿ St Paul's Presbyterian Church
100 Hepbourne St, Toronto

8:30 PM **The Half Century Group (O)**
♿ Bellwood/Waterstone
175 Brentcliffe Rd, Toronto
Free Parking for 12-step meetings. Meeting is in the main floor gym.


8:30 PM **Hill Group (O)**
♿ Timothy Eaton Memorial Church
230 St Clair Ave W, Toronto

Thursday - East

12:15 PM **Scarborough Thursday Noon (O)**
♿ Jack Goodlad Community Centre
929 Kennedy Rd, Toronto

- 1:00 PM **Dry On Danforth (C)**
Oasis Club
921 Danforth Ave, Toronto
No pets or food. *Cancelled on statutory holidays.*
- 6:30 PM **Danforth (C)**
Holy Name Church
71 Gough Ave, Toronto
One street west of Pape, runs north off Danforth.
Please enter through the side entrance on Gough.
Meeting in the church basement.
- 6:30 PM **Thursday East End (C)**
Church Of The Resurrection
1100 Woodbine Ave, East York
- 8:00 PM **Thursday East End (O)**
Church Of The Resurrection
1100 Woodbine Ave, East York
- 8:00 PM **Keep It Simple: Scarborough (C)**
St. Stephen's Presbyterian Church
3817 Lawrence Ave E, Scarborough
- 8:00 PM **New Anchor (O)**
 St. Margaret's In The Pines Church
4130 Lawrence Ave E, Scarborough


8:00 PM **Danforth (O)**
Holy Name Church
71 Gough Ave, Toronto
One street west of Pape, runs north off Danforth.
Please enter through the side entrance on Gough.
Meeting in the church basement.

8:00 PM **East York (C)**
 St. Columba And All Hallows Church
2723 St Clair Ave E, East York

8:00 PM **Thursday Night Men's (O)**
  Waverley Road Baptist Church
129 Waverley Rd, Toronto
Open meeting followed by closed discussion.

8:00 PM **The Degrassi Group (C)**
St. Ann Catholic Church
120 First Ave, Toronto
Corner of Degrassi and Gerrard St East
Side door entry. Meeting in basement.

Thursday - West

12:00 PM **Lakeshore Noon (C)**
 Lakeshore Community Centre
185 Fifth St, Etobicoke


- 1:15 PM **Safe and Sound (C)**
St. Matthias Anglican Church
3962 Bloor St West, Toronto
Enter through back of building, west side
meeting held in upstairs parlour
- 6:45 PM **Back Room Big Book Discussion (C)**
St. Matthew's Anglican Church
1428 Royal York Rd, Etobicoke
Meeting downstairs
- 8:00 PM **Lakeshore (C)**
♿
St. Margaret's Church
156 Sixth St, Etobicoke
Wheelchair accessible ramp from sidewalk. Elevator
located at the south entrance.
- 8:00 PM **Royal York (C)**
♿
St. Matthias Anglican Church
1428 Royal York Rd, Etobicoke
- 8:00 PM **Sunnyside (O)**
♿
Bonar-Parkdale Presbyterian Church
250 Dunn Ave, Toronto
- 8:00 PM **Six Points (C)**
♿
Our Lady Of Peace Church
3914 Bloor St W, Etobicoke


Thursday

8:00 PM **Mount Dennis (O)**
Commercial Storefront
1049 Weston Rd, York
Enter through front door (storefront entrance), one
block South of Eglinton Ave. W.

7:30 PM **Kipling (O)**
 Olivet Church
279 Burnhamthorpe Rd, Etobicoke
At Lorraine Gardens two Blocks West of Kipling on the
north side.

Thursday - North

8:00 PM **Bayview (C)**
 The Willowdale Christian School
60 Hilda Ave, North York
One block west of Yonge St, just North of Drewry.

8:00 PM **Willowdale (O)**
 Bayview United Church
2609 Bayview Ave, North York

8:15 PM **Shepherd Group (C)**
Church Of The Incarnation
15 Clairtrell Rd, North York
1 Block W. of Bayview and Sheppard Ave .

Thursday

Thursday - North East

- 7:00 PM **Rouge Valley Centenary** (O)
☺ Centenary Health Centre
2867 Ellesmere Rd, Scarborough
Parking exit pass is provided at the meeting. **6th floor - Occupational Therapy Room**
- 8:00 PM **Chartwell** (O)
Holy Spirit R.C. Church
3526 Sheppard Ave E, Scarborough

Thursday - North West

- 8:00 PM **Rexdale United** (O)
St. Benedict's Church
2194 Kipling Ave, Etobicoke
Please enter from the south side. Meeting is held in the basement.
- 8:00 PM **Tuesday Night Discussion** (C)
Downsview United Church
2822 Keele St, North York
North of Wilson Please use the back door.

Thursday - Suburban North

- 12:00 PM **Gift of Grace Women's (C)**
 Our Lady Of Grace Church
15347 Yonge St, Aurora
Speaker, followed by discussion.
- 12:00 PM **Cornerstone to Recovery (C)**
 Cornerstone Alano Club
570 Steven Court Unit B, Newmarket
Entrance is south side of building
- 12:15 PM **York Region Step 11 (O)**
 St. Mary's Anglican Church Hall
10030 Yonge St, Richmond Hill
Entrance to St. Mary's is a laneway just west of Yonge St. on the north side of Major Mackenzie. There is no entrance off Yonge St.
- 5:30 PM **Get A Grip: Newmarket (C)**
 York Region Police District 1
240 Prospect St, Newmarket
- 8:00 PM **Living Sober (C)**
Trinity United Church
461 Park Ave, Newmarket

- 8:00 PM **Aurora Discussion (C)**
♿ St. Andrew's Presbyterian Church
32 Mosley St, Aurora
- 8:00 PM **Newmarket Group (O)**
New Hope Methodist Church
337 Queen St, Newmarket
- 8:00 PM **Back To Basics: Richmond Hill (C)**
♿ M.L. Mcconaghy Seniors Centre, Room 204
10100 Yonge St, Richmond Hill
- 8:00 PM **Recovery (O)**
♿ Christ The King Lutheran Church
149 Bay Thorn Dr, Thornhill
South of Highway 7 and North of Steeles
- 8:00 PM **Pefferlaw Action (O)**
♿ Cedardale Church Of The Nazarene
471 Pefferlaw Rd, Pefferlaw
- 8:00 PM **Joy Of Living (C)**
Maple Hill Baptist Church
215 Glenwoods Ave, Keswick

Thursday - Suburban East

8:00 PM **Pickering Village (O)**
Ajax Baptist Church
46 Angus Dr, Ajax

8:00 PM **Liverpool (C)**
Dunbarton United Church
1066 Dunbarton Rd, Pickering

Thursday - Suburban West

12:15 PM **Daily Reflections (C)**
♿ St. Simon's Anglican Church
1450 Litchfield Rd, Oakville
Trafalgar Road, North of QEW. Please enter via the front door. Meeting in church

1:30 PM **Vision Of Hope (C)**
♿ Salvation Army
3173 Cawthra Rd, Mississauga
Enter through the back of the building.

6:30 PM **Park Royal (C)**
♿ Sheridan United Church
2501 Truscott Dr, Mississauga
At Southdown Road beside Park Royal Community
Centre.

7:00 PM **Streetsville St. Andrews (C)**
♿ St. Andrew's Presbyterian Church
293 Queen St S, Mississauga

8:00 PM **Streetsville (C)**
Eden United Church
3051 Battleford Rd, Mississauga

8:00 PM **Oakville Men's Discussion (C)**
♿♿ Trinity United Church
1250 McCraney St E, Oakville

8:00 PM **Port Credit Discussion (C)**
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga

8:00 PM **Markland Wood (O)**
♿ St. Clement's R.C. Church
409 Markland Dr, Etobicoke

8:30 PM **Streetsville St. Andrews (O)**
♿ St. Andrew's Presbyterian Church
293 Queen St S, Mississauga

Thursday - Suburban Northeast

12:15 PM **Thursday Noon (C)**
Wideman Mennonite Church
10530 ON-48, Markham
Church is located on Hwy 48 just north of Major Mackenzie.

7:30 PM **Foundation Group (O)**
♿ Wideman Mennonite Church
10530 ON-48, Markham
Church is located on Hwy 48 just north of Major Mackenzie.

8:00 PM **Markham Village (C)**
St. Andrew's Presbyterian Church
143 Main St N, Markham
Enter from the rear of church.

Thursday - Suburban Northwest

- 12:00 PM **Grace Noon (C)**
☺ Grace United Church
156 Main St N, Brampton
- 12:00 PM **Bramalea Noon Discussion (C)**
Emmanuel United Church
420 Balmoral Dr, Brampton
East of Dixie Road, Bramalea
- 7:00 PM **Bolton Big Book Exchange (C)**
☺ Exchange
55 Healey Rd, Bolton
Units 9-10 (look for the giant Exchange sign).
Enter through main door. Meeting in boardroom
- 7:30 PM **Brampton Bad Boys (C)**
♿ Central Public School
24 Alexander St, Brampton
Meets in the basement in the senior's room.
- 8:00 PM **Nothing Else Worked (C)**
St. Judes Anglican Church
1000 Central Park Dr, Brampton

- 8:00 PM **Woodbridge (O)**
♿ Woodbridge United Church
8090 Kipling Ave, Vaughan
- 8:00 PM **Brampton United (O)**
Grace United Church
156 Main St N, Brampton
- 8:00 PM **New Beginnings (O)**
♿ Peel Chemical Withdrawal Centre
135 McLaughlin Rd S, Brampton

Friday

Friday - Central

6:50 AM **Early Morning Discussion (C)**



O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.

7:30 AM **Morning Discussion (C)**



O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.

12:00 PM **Sanctuary (O)**




The Sanctuary
25 Charles St E, Toronto

12:00 PM **Noon Rap (C)**



St. Andrew's Hall
73 Simcoe St, Toronto
Cancelled on statutory holidays.

- 12:15 PM **Miracle Discussion (C)**
Christ Church Deer Park
1570 Yonge St, Toronto
- 1:00 PM **Oak Street Group (O)**
 CRC Building
40 Oak St, Toronto
- 5:30 PM **Stained Glass (O)**
Trinity Anglican Church
10 Trinity Square, Toronto
Church is on the west side of the Eaton Centre. Access through west doors of Eaton Centre. Entrance to is in church courtyard, meeting is upstairs in the chapel.
- 7:00 PM **Back To Basics (O)**
 O.I.S.E. Building
252 Bloor St W, Toronto
Please ask Security for room number. No meetings at this venue on holidays.
- 7:30 PM **There Is A Solution (C)**
St. Michael's And All Angels Church
611 St Clair Ave W, Toronto
Entrance located off Wychwood Avenue behind the church, through the playground on the 3rd Floor.

- 8:00 PM **Wellesley (C)**
🦽 Orthopaedic Hospital
43 Wellesley St E, Toronto
Elevator access to 8th floor.
- 8:00 PM **Spiritual Kindergarden (O)**
Trinity-St. Paul's United Church
427 Bloor St W, Toronto
Cancelled on statutory holidays.
- 8:00 PM **North Toronto (C)**
Glenview Presbyterian Church
1 Glenview Ave
Entrances: North door on Glenview and south door
(50 Yards from street along driveway)
- 8:00 PM **Friday Uptown Open (O)**
Holy Rosary Parish Hall
356 St Clair Ave W, York
- 8:15 PM **Freedom Friday (C)**
Bloor Street United Church
300 Bloor St W, Toronto
Meeting in upper club room. Cancelled on statutory holidays.
- 8:30 PM **Thornccliffe Park (O)**
Chapel In The Park Church
16 Thornccliffe Park Dr, East York

Friday

Friday - East

12:15 PM **Heron Park Drop -In Centre (O)**
Heron Park Community Centre
292 Manse Rd, Scarborough
East of Morningside, South of Lawrence.

1:00 PM **Dry On Danforth (C)**
Oasis Club
921 Danforth Ave, Toronto
No pets or food. *Cancelled on statutory holidays.*

6:00 PM **Vision For You (C)**
Konko Church Of Toronto
398 Kennedy Rd, Scarborough

7:00 PM **Silverbirch (C)**
 St. John's Norway Church
470 Woodbine Ave, Toronto


- 7:00 PM **Scarborough Group (O)**
♿ Guildwood Community Presbyterian Church
140 Guildwood Pkwy, Scarborough
Guildwood Parkway and Livingston Rd. Bus 116 Morningside, stops in front of church. Entrance off laneway.
- 8:00 PM **We Are Not Saints (O)**
Nuuc Congregation Hall
79 Hiawatha Rd, Toronto
- 8:00 PM **Wanstead (C)**
St. Bede's Anglican Church
79 Westbourne Ave, Scarborough
- 8:00 PM **Lighthouse (O)**
St. Peter's Anglican Church
776 Brimley Rd, Scarborough
- 8:30 PM **Newcomers (O)**
♿ St. Jude's Anglican Church
10 Howarth Ave, Scarborough


8:30 PM **Silverbirch (O)**
 St. John's Norway Church
470 Woodbine Ave, Toronto
Speaker first Friday each month.

Friday - West

1:30 PM **Brentwood Discussion (C)**
All Saints Anglican Church
2850 Bloor St W, Etobicoke
Royal York subway - Grenview exit.

7:30 PM **Hadenuffyet Big Book Discussion (C)**
 Haven On The Queensway
1533 The Queensway, Etobicoke

7:30 PM **Friday Women's Discussion (C)**
 Humbervale United Church
1447 Royal York Rd, Etobicoke
Entrance and parking on Renault St.

8:00 PM **Islington (O)**
 Islington United Church
25 Burnhamthorpe Rd, Etobicoke

8:00 PM **High Park (C)**
♿ St Johns' Anglican Church
288 Humberside Ave, Toronto
North of Subway, Quebec Ave. entrance, one block
south of Annette.

8:30 PM **Parklawn (O)**
Humbercrest United Church
16 Baby Point Rd, York

Friday - North

8:00 PM **Traditional (O)**
St. John's Anglican Church Of York Mills
19 Don Ridge Dr, North York
Use walkway on left from parking to the back door of
the church.


8:00 PM **S.O.S. (O)**
St. Mathew The Apostle Church
80 George Henry Blvd, North York

8:00 PM **Svoboda: Russian (C)**
JACS Place
858 Sheppard Ave W, North York

Friday - North East

8:30 PM **Don Mills Discussion (C)**
Jubilee United Church
40 Underhill Dr, North York

Friday - North West

12:00 PM **W.L. Meeting (C)**
 York West Active Living Centre
1901 Weston Rd, York
The meeting is in the Sun Room.
Cancelled on statutory holidays.

8:00 PM **Beverly Hills (O)**
 Greensborough Community Church
2000 Keele St, Toronto

8:00 PM **One Day At A Time (C)**
Driftwood Community Centre
4401 Jane St, North York
(North of Driftwood Ave)
Enter thru Driftwood Ave parking lot entrance

Friday - Suburban North

12:00 PM **Cornerstone to Recovery (C)**
Cornerstone Alano Club
570 Steven Ct, Newmarket
Unit B. Entrance on south side alley.

Friday

- 7:00 PM **Living Sober (C)**
New Hope Methodist Church
337 Queen St, Newmarket
- 8:00 PM **Black River (O)**
☺
Knox United Church
34 Market St, Georgina
- 8:00 PM **Richmond Hill (O)**
☺
St. Mary's Anglican Church Hall
10030 Yonge St, Richmond Hill
Entrance to St. Mary's is a laneway just west of Yonge St. on the north side of Major Mackenzie. There is no entrance off Yonge St.
- 8:00 PM **Back To Basics: Richmond Hill (O)**
☺
M.L. Mcconaghy Seniors Centre
10100 Yonge St, Richmond Hill

Friday - Suburban East

- 8:00 PM **Twelve Traditions (C)**
St. Martin's Anglican Church
1203 St Martins Dr, Pickering

8:00 PM **Friday Promises** (0)
St. Timothy's Church
97 Burcher Rd, Ajax

8:30 PM **Ajax Friday Night** (0)
♿
St. Paul's United Church
65 Kings Crescent, Ajax

Friday - Suburban West

12:15 PM **Daily Reflections** (C)
♿
St. Simon's Anglican Church
1450 Litchfield Rd, Oakville
Trafalgar Road, North of QEW. Please enter via the front door. Meeting in church

12:15 PM **Westminster Discussion** (C)
♿
Westminster United Church
4094 Tomken Rd, Mississauga

7:00 PM **Open Hands Discussion** (C)
♿
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga

8:00 PM **Restoration And Recovery Discussion** (0)
♿
Thomas A Becket Anglican Church
3535 S Common Ct, Mississauga

Friday

106

- 8:00 PM **Back To Basics: Oakville (C)**
Saint Paul's United
454 Rebecca St, Oakville
Beside YMCA
- 8:30 PM **Mississauga Group (C)**
St. Hilary's Church
2055 Hurontario St, Mississauga
Enter from North Service Road.
- 8:30 PM **Fifth Wheel (C)**
The Fieldgate Plaza
3439 Fieldgate Dr, Mississauga
Located in the ESL room next to the grocery store.
- 9:00 PM **Fellowship: Oakville (O)**
Church Of The Epiphany
141 Bronte Rd, Oakville

Friday - Suburban Northeast

- 8:00 PM **Unionville Discussion (C)**
 St. Phillips-On-The-Hill
9400 Kennedy Rd, Markham

Friday - Suburban Northwest

- 12:00 PM **Grace Noon (C)**
 Grace United Church
156 Main St N, Brampton
- 7:00 PM **Serenity Sistas (C)**
 Christ Church Anglican
22 Nancy St, Bolton
Enter through parking lot doors.
- 7:00 PM **Only Requirement Beginners (C)**
 Emmanuel United Church
420 Balmoral Dr, Brampton
East of Dixie Road, Bramalea
- 8:00 PM **Caledon Serenity Group (C)**
Mayfield United Church
12496 Dixie Rd, Caledon
Tradition last Friday of the month
- 9:00 PM **Bramalea (O)**
 Emmanuel United Church
420 Balmoral Dr, Brampton
East of Dixie Road, Bramalea

Saturday

Saturday - Central

- 9:00 AM **Morning Discussion (C)**
 O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.
- 10:00 AM **Saturday Morning Uptown Disc. (C)**
Holy Rosary Parish Hall
356 St Clair Ave W, York
- 10:30 AM **Here And Now (C)**
St. Andrew's United Church
117 Bloor St E, Toronto
No pets please.
- 10:30 AM **Church Street (O)**
 Church St. Community Centre
519 Church St, Toronto
- 11:00 AM **Saturday Women's Discussion (C)**
 Calvin Presbyterian Church
26 Delisle Ave, Toronto

- 12:00 PM **Saturday Noon (O)**
St Paul's Presbyterian Church
100 Hepbourne St, Toronto
- 6:30 PM **Old School AA (C)**
Trinity-St. Paul's United Church
427 Bloor St W, Toronto
Cancelled on statutory holidays.
- 6:30 PM **Beyond Belief Agnostics & Freethinkers**
♿ (C)
O.I.S.E. Building
252 Bloor St W, Toronto
Room 5-150
No meetings at this venue on holidays.
- 7:00 PM **Into Action (C)**
St. Andrew's United Church
117 Bloor St E, Toronto
No pets please.
- 8:00 PM **Frontrunners (C)**
♿
Dixon Hall at St. Peter's Church
188 Carlton St, Toronto
One block east of Sherbourne St. Meeting access is through glass door at the rear of building. If door is locked, please ring bell.

8:00 PM **Yorkville (O)**
Church Of The Messiah
240 Avenue Rd, Toronto
Enter from Dupont St.

8:00 PM **Stepping Stones Discussion (C)**
Paulist Centre
830 Bathurst St, Toronto
Across from Bathurst Subway.

Saturday - East

10:30 AM **Lighthouse (C)**
St. Peter's Anglican Church
776 Brimley Rd, Scarborough

11:00 AM **Saturday Morning Discussion (C)**
 Community Centre 55
97 Main St, Toronto
At Swanwick, south of Gerrard St.

1:00 PM **Dry On The Danforth (C)**
Oasis Club
921 Danforth Ave, Toronto
No pets or food.

2:00 PM **New Freedom: Seasonal Meeting (C)**
Kew Gardens
2000 Queen St E, Toronto
We meet at Kew Gardens between baseball and hockey fields. Outdoor Meeting.

7:30 PM **Steps To Serenity (C)**
 Eastminster United Church
310 Danforth Ave, Toronto
Entrance through side door on Jackman Ave.

7:30 PM **A Place Of Hope (C)**
Melville Presbyterian Church
70 Old Kingston Rd, Scarborough
Entrance to meeting is at rear of church. Intersection Old Kingston Road and Manse Rd.

8:00 PM **Saturday Night Main St. (O)**
Hope United Church
2550 Danforth Ave, Toronto

Saturday - West

11:00 AM **Last Call Big Book Discussion (C)**
All Saints Kingsway Anglican Church
2850 Bloor St West
Meeting in room 19, 1st room on left, downstairs

12:00 PM **Melrose (O)**
♿ St. Matthews Anglican Church
3962 Bloor St W, Etobicoke

8:00 PM **K.F. Group (O)**
Anglican Church of St. Mary & St. Martha
1149 Weston Rd, York

8:00 PM **Start Today (O)**
♿ Islington Senior's Centre
4968 Dundas St W, Etobicoke
Wheelchair/elevator access at back of building.

Saturday - North

11:00 AM **Sober And Living It Women's (C)**
✚ Agricola Lutheran Church
25 Old York Mills Rd, North York
One block south of York Mills, and one block east of Yonge Street.

7:00 PM **Lansing (C)**
♿ Trinity Presbyterian Church
2737 Bayview Ave, North York
South of Sheppard -the first light south of the 401 eastbound exit. The church is a short walk from the Bayview subway station.

8:30 PM **Lansing (O)**
☺
Trinity Presbyterian Church
2737 Bayview Ave, North York
South of Sheppard -the first light south of the 401
eastbound exit. The church is a short walk from the
Bayview subway station.

Saturday - North East

8:00 AM **Leslie (O)**
☺
Jubilee United Church
40 Underhill Dr, North York
Open discussion

9:30 AM **Leslie (O)**
☺
Jubilee United Church
40 Underhill Dr, North York

10:30 AM **Anniversary (C)**
☺
St. Mark's United Church
115 Orton Park Rd, Scarborough

7:30 PM **St. Andrews: Scarborough (O)**
☺
St. Andrew's Church
2333 Victoria Park Ave, North York
Just south of 401. Please ring the bell at the door.

Saturday - North West

9:00 AM **Rexdale Saturday Am (O)**
Martingrove United Church
75 Pergola Rd, Etobicoke

Saturday - Suburban North

8:30 AM **Get A Grip: Newmarket (C)**
 York Region Police District 1
240 Prospect St, Newmarket

11:30 AM **A Place To Share Women's Group (C)**
  Trinity Anglican Church
79 Victoria St, Aurora
Held in Common Room, please enter through doors from parking lot off Metcalfe. ***There is a tradition meeting on the first Saturday of the month.***

12:00 PM **Newmarket Group (C)**
New Hope Methodist Church
337 Queen St, Newmarket

8:00 PM **Saturday Night Live (C)**
St Elizabeth Seton Parish
17955 Leslie St, Newmarket
Enter around back. Meeting in the basement. *Last Saturday of the month is an Open Speaker Meeting.*

8:00 PM **Miami Beach (O)**
Keswick United Church
177 Church St, Georgina

Saturday - Suburban East

3:00 PM **Primordial Ooze (O)**
Christ The King Lutheran Church (East)
1825 Manning Rd, Whitby

8:00 PM **Twelve Traditions (C)**
St. Martin's Anglican Church
1203 St Martins Dr, Pickering

Saturday - Suburban West

11:00 AM **Downtown Oakville (C)**
Knox Presbyterian Church
89 Dunn St, Oakville

11:00 AM **Erin Mills (C)**
☺
Erin Mills United Church
3010 The Collegeway, Mississauga
First light south of Burnhamthorpe Rd. at Winston
Churchill Blvd.

11:00 AM **Oakville Discussion (C)**
☺
Church Of The Incarnation
1240 Old Abbey Ln, Oakville
Northwest corner at Dorval. Please enter from the
parking lot.

7:00 PM **Meadowvale Fellowship (C)**
☺
Meadowvale Community Church
2630 Inlake Ct, Mississauga

8:00 PM **Spirit Of Saturday Night (C)**
Church Of The Epiphany
141 Bronte Rd, Oakville


8:00 PM **Port Credit (O)**
☺
Trinity - St. Paul's Church
26 Stavebank Rd, Mississauga

8:30 PM **Meadowvale Fellowship (O)**
☺
Meadowvale Community Church
2630 Inlake Ct, Mississauga

Saturday


117


Saturday - Suburban Northeast

8:30 AM **As Bill Sees It (O)**
 Bethesda Lutheran Church
20 Union St, Markham

Saturday - Suburban Northwest

11:00 AM **Recovery 12 Step (C)**
 Chris Gibson Rec Centre
125 McLaughlin Rd N, Brampton
Near Queen Street west, south of Highway 7.

12:00 PM **Brampton - Bramalea Noon (C)**
 St. Paul's Presbyterian Church
723 Balmoral Dr, Brampton

1:30 PM **New Beginnings (C)**
 Peel Chemical Withdrawal Centre
135 McLaughlin Rd S, Brampton

7:00 PM **Spiritual Progress (0)**
St. Andrew's Presbyterian Church
44 Church St E, Brampton
Open speaker meeting on the last Saturday of the month.

8:00 PM **Bolton (0)**
Caven Presbyterian Church
110 King St W, Bolton

Foreign Language Meetings

Sunday - Central

3:00 PM **Amor Y Paz (0)**
🦽 Grupo Espanol
1070 Dovercourt Rd, Toronto

8:00 PM **Amistad (0)**
🦽 Grupo Espanol
1560 Dupont St, Toronto
Please call 416-760-0338 for more information.

Sunday - West

12:00 PM **Unidad (C)**
🦽 Commercial Storefront
1049 Weston Rd, York
Enter through front door (storefront entrance), one block South of Eglinton Ave. W.

Sunday - North West


7:30 PM **Sendero De Vida (0)**
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647 -303-6727 for information.

Monday - Central

8:00 PM **Amistad (0)**
 Grupo Espanol
1560 Dupont St, Toronto
Please call 416-760-0338 for more information.

8:00 PM **Amor Y Paz (0)**
 Grupo Espanol
1070 Dovercourt Rd, Toronto

Monday - West

7:30 PM **Unidad (0)**
 Commercial Storefront
1049 Weston Rd, York
Enter through front door (storefront entrance), one
block South of Eglinton Ave. W.

8:00 PM **Nueva Esperanza (O)**
Commercial Building
1268 St Clair Ave W, Toronto

Monday - North West

7:30 PM **Sendero De Vida (O)**
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647 -303-6727 for information.

8:00 PM **La Solucion (C)**
Driftwood Community Centre
4401 Jane St, North York
English and Spanish.

Monday - Suburban West

8:30 PM **Krokus: Polish (C)**
St. Maximilian Kolbe Church
4260 Cawthra Rd, Mississauga

Tuesday - Central

8:00 PM **Amistad (0)**
♿ Grupo Espanol
1560 Dupont St, Toronto
Please call 416-760-0338 for more information.

Tuesday - West

8:30 PM **Orleta Discussion: Polish (0)**
♿ St. Casimir's Church
156 Roncesvalles Ave, Toronto
Entrance on Garden Street. *Open Speaker meeting the 4th Tuesday of month.*

Tuesday - North West

7:30 PM **Sendero De Vida (0)**
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647-303-6727 for information.

Wednesday - Central

7:30 PM **La Alegria de Vivir (C)**
Trinity St. Paul's United Church
427 Bloor St West, Toronto

8:00 PM **Amistad (O)**
Grupo Espanol
1560 Dupont St, Toronto
Please call 416-760-0338 for more information.

8:00 PM **Amor Y Paz (O)**
Grupo Espanol
1070 Dovercourt Rd, Toronto

Wednesday - East

8:00 PM **Central De Scarborough (C)**
Grupo Espanol
695 Markham Rd, Scarborough

Wednesday - West

7:30 PM **Unidad (C)**
Commercial Storefront
1049 Weston Rd, York
Enter through front door (storefront entrance), one
block South of Eglinton Ave. W.

8:00 PM **Nueva Esperanza (0)**
🦽 Commercial Building
1268 St Clair Ave W, Toronto

8:00 PM **Grupo Nueva Esperanza (0)**
Dr. Klein's Office, 2nd Floor
1268 St Clair Ave W #202, Toronto

Wednesday - North

7:45 PM **Bratek: Polish (0)**
🦽 St Eugene De Mazenod Church
1252 Steeles Ave W, North York

Wednesday - North West

7:30 PM **Sendero De Vida (0)**
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647 -303-6727 for information.

Wednesday - Suburban West

8:30 PM **Krokus: Polish (C)**
♿ St. Maximilian Kolbe Church
4260 Cawthra Rd, Mississauga

Thursday - Central

8:00 PM **Portuguese (0)**
♿ Toronto Western Hospital
399 Bathurst St, Toronto
Ask at Info desk for meeting room #.

8:00 PM **Amor y Paz (0)**
♿ Grupo Espanol
1070 Dovercourt Rd, Toronto

8:00 PM **Amistad (0)**
♿ Grupo Espanol
1560 Dupont St, Toronto
Please call 416-760-0338 for more information.

Thursday - North West

7:30 PM **Sendero De Vida** (O)
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647 -303-6727 for information.

8:00 PM **Viviendo Sobrio** (O)
♿ Grupo Espanol
1477 Wilson Ave, North York

Friday - Central

8:00 PM **Amistad** (C)
♿ Grupo Espanol
1560 Dupont St, Toronto
Please call 416 -760-0338 for more information.

8:00 PM **Amor Y Paz** (O)
♿ Grupo Espanol
1070 Dovercourt Rd, Toronto

Friday - East

- 7:30 PM **Primero De Julio Grupo En Espanol (O)**
🦿 Agincourt Recreation Centre
31 Glen Watford Dr, Scarborough
- 8:00 PM **Central De Scarborough (C)**
Grupo Espanol
695 Markham Rd, Scarborough

Friday - West

- 7:30 PM **Unidad (O)**
🦿 Commercial Storefront
1049 Weston Rd, York
Enter through front door (storefront entrance), one block South of Eglinton Ave. W.
- 8:00 PM **Grupo Nueva Esperanza (O)**
Dr. Klein's Office, 2nd Floor
1268 St Clair Ave W #202, Toronto
- 8:30 PM **Orleta Discussion: Polish (O)**
St. Casimir's Church
156 Roncesvalles Ave, Toronto
Entrance on Garden Street.

Friday - North West

7:30 PM **Sendero De Vida (O)**
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647 -303-6727 for information.

8:00 PM **Viviendo Sobrio (O)**
 Grupo Espanol
1477 Wilson Ave, North York

Friday - Suburban Northwest

8:30 PM **Punjabi - English (C)**
St. Judes Anglican Church
1000 Central Park Dr, Brampton

Saturday - Central

5:00 PM **Amor Y Paz (O)**
 Grupo Espanol
1070 Dovercourt Rd, Toronto

7:30 PM **La Alegria de Vivir (O)**
Trinity St. Paul's United Church
427 Bloor St West, Toronto

8:00 PM **Amistad (C)**
 Grupo Espanol
1560 Dupont St, Toronto
Please call 416-760-0338 for more information.

Saturday - East

7:30 PM **Primero De Julio Grupo En Espanol (O)**
 Agincourt Recreation Centre
31 Glen Watford Dr, Scarborough

8:00 PM **Central De Scarborough (C)**
Grupo Espanol
695 Markham Rd, Scarborough

Saturday - West

8:00 PM **Grupo Nueva Esperanza (O)**
Dr. Klein's Office, 2nd Floor
1268 St Clair Ave W #202, Toronto

Saturday - North West

7:30 PM **Sendero De Vida (0)**
University Presbyterian Church
1830 Finch Ave W, North York
Salon #3. Please call 647 -303-6727 for information.

8:00 PM **Viviendo Sobrio (0)**
 Grupo Espanol
1477 Wilson Ave, North York

The Twelve Steps

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.

11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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The Twelve Traditions

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

The Twelve Concepts for World Service

1. Final Responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole fellowship.
2. The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.
3. To insure effective leadership, we should endow each element of A.A. – the conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional “Right of Decision”.
4. At all reasonable levels, we ought to maintain traditional “Right of Participation”, allowing a voting representation in reasonable proportion to the responsibility that each must discharge.
5. Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

6. The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.
7. The Charter and Bylaws of the General Service board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purpose for final effectiveness.
8. The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.
9. Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

10. Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.
11. The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.
12. The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the society it serves, it will always remain democratic in thought and action.

